

JSS Law College Library Users' Anthology

Healing the Mind: Narcotics, Anxiety, and Ethics



EDITORS

**Chidananda M.
Vani C.**



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JSS Law College Library Users' Anthology

Healing the Mind: Narcotics, Anxiety, and Ethics

Chief Patron:

Prof. K. S. Suresh

Chief Executive, JSS Law College, Mysuru

Patron:

Dr. N. Vani Shree

Principal, JSS Law College, Mysuru

Editors:

Dr. Chidananda M.

Librarian, JSS Law College, Mysuru

Mrs. Vani C.

Assistant Professor of Law, JSS Law College, Mysuru



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“JSS Law College Library Users’ Anthology”

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Contact Us:

MPP House

87, 1st Cross, Gandhinagar, Bengaluru-560 009

Ph: 080-22260706 / 2226 5901 / 4121 5884

E-mail: mpphouseblr@gmail.com

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Foreword

It gives me immense pleasure to write the foreword for *JSS Law College Library Users' Anthology* - a remarkable initiative that reflects the vibrant intellectual culture of JSS Law College, Mysuru. This anthology is not merely a collection of writings; it is a mirror of the academic spirit, creativity, and thoughtful engagement that define the institution and its community.

The contributions in this volume—ranging from analyses of contemporary social and legal issues to literary and artistic expressions—demonstrate the depth of thought and the breadth of imagination among the students and faculty. The inclusion of themes such as the use of narcotic drugs and the continuing relevance of Gandhian principles in the 21st century highlights a commendable effort to blend scholarly inquiry with social consciousness.

In an era when libraries are often seen as repositories of information, this publication redefines their role as living spaces that nurture dialogue, reflection, and innovation. By offering a platform for users to articulate their ideas and experiences, the JSS Law College Library has set an inspiring example of how academic institutions can encourage creative participation and holistic learning.

I congratulate the editors, for their vision and dedication in bringing this volume to fruition. My heartfelt appreciation also goes to the contributors for their enthusiasm and sincerity in sharing their thoughts.

May this anthology inspire many more such endeavors that celebrate the power of knowledge, the joy of learning, and the beauty of expression.

Justice R. K. Agrawal

Former Judge, Supreme Court of India

&

Former President, National Consumer Dispute Redressal
Commission (NCDRC)

Message from the Editors

It gives us immense pleasure to present this volume, which brings together a collection of insightful articles contributed by the esteemed users of the JSS Law College Library. This book reflects the diverse perspectives, creativity, and knowledge that flourish within our academic community.

Contributors were invited to share original works in English or Kannada across various categories, including personal stories and experiences, achievements or success stories, life goals and aspirations, articles on law and general topics, book reviews, opinions and reflections, multiple-choice questions (with answers), as well as poems, sketches, drawings, and paintings.

A library is not merely a repository of information - it is a vibrant space for learning, reflection, and intellectual exchange. Through this publication, our users have transformed ideas into meaningful expressions that inspire, inform, and encourage deeper inquiry.

We sincerely thank all the contributors for their enthusiastic participation and valuable efforts, which have added depth and richness to this work. Our heartfelt gratitude also goes to the Management, Authorities, Chief Executive, Principal, faculty members, non-teaching staff, library staff and students for their constant encouragement and support throughout this endeavor.

We hope this book will serve not only as a resource but also as a source of inspiration for all readers. May it encourage more members of our community to express their thoughts, share their

knowledge, and contribute to the culture of learning that defines our library.

Chidananda M

Vani C

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List of Contributors (Students)

Theme 1 – Use of Narcotics: The Truth Uncovered



Ms. Abina G.
IV BBA.,LL.B (Hons.)



Ms. Achsha Gladys T.
II BA.,LL.B (Hons.)



Mr. Bhupendran R.
II BBA.,LL.B (Hons.)



Ms. Jenicaa Poovanna J.
III LL.B



Ms. Jnana H. D.
II LL.B



Ms. Johanna Sivakumar
III BA.,LL.B (Hons.)



Mr. Karthik M. M.
III LL.B



Mr. Pruthvi. S
IV BA.LL.B (Hons.)



Ms. Risha Nanaiah K
IV BBA.,LL.B (Hons.)



Ms. Savitha B. Hosamane
II BBA.,LL.B (Hons.)



Ms. G. Sharmi
II BA.,LL.B (Hons.)



Ms. Sherin Thomas
IV BBA.,LL.B (Hons.)



Ms. Sudiksha J.
III BA.,LL.B (Hons.)



Ms. Tamizhini VK
III LL.B



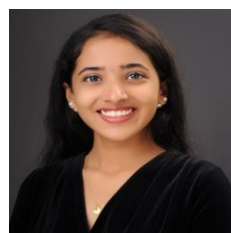
Ms. Yashwi
I BBA.,LL.B (Hons.)

List of Contributors (Students)

**Theme 2 – The Anxieties of the 21st Century and the Solutions
Proposed by Gandhiji's Ideas**



Ms. Afreen Taj N
II BBA.,LL.B (Hons.)



Ms. Chaaya
III LL.B



Mr. Jiss Anthony
V BA.,LL.B (Hons.)



Ms. Keerthana P.
II BBA.,LL.B (Hons.)



Ms. Lorraine Lobo
III LL.B



Ms. Mythri Mahiram
II BA.,LL.B (Hons.)



Ms. R. K. Pooja
V BA.,LL.B (Hons.)



Ms. Smriti Srikanth
III BA.,LL.B (Hons.)



Ms. Tanoosri S.
III BA.,LL.B (Hons.)

List of Contributors (Students)

Theme - Other



Ms. Ananya H. R.
II BA.,LL.B (Hons.)



ಬಸಂತ್ ಡಿ.
ನಾಲ್ಕನೇ ಬಿಎ.,ಎಲ್.ಎಲ್.ಬಿ (ಹಾನರ್ಸ್.)



Ms. Meena P.
IV BA.,LL.B (Hons.)



ಕು. ಸುಷ್ಮಿತಾ. ಎಸ್.
ಮೊದಲನೇ ಎಲ್.ಎಲ್.ಎಂ.

List of Contributors (Faculty)**Theme – Other**



Prof. Nagendra S.
Guest Faculty



Dr. Priya A Jagadish
Assistant Professor of Law

ABOUT THE BOOK

JSS Law College Library Users' Anthology is a distinctive compilation that celebrates the creativity, intellect, and diverse perspectives of the users of JSS Law College Library, Mysuru. This inaugural volume brings together original contributions from students and faculty on a wide array of themes—ranging from thought-provoking essays on social and legal issues, such as narcotic drug use and Gandhiji's solutions to contemporary challenges, to poems, reflections, and artistic expressions. The anthology embodies the spirit of academic curiosity, collaboration, and creative exploration that thrives within the JSS Law College community. It stands as both a platform for sharing ideas and a testament to the library's dynamic role as a hub of learning, inspiration, and intellectual growth.

ABOUT US



Chief Patron - Prof. K. S. Suresh

Prof. K. S. Suresh is currently serving as the Chief Executive of JSS Law College, Mysuru. He has a distinguished career as a Principal, Professor, Administrator, and Resource Person. With over 80 papers presented and more than 75 national and international conferences/workshops attended, he has made significant contributions to the academic community. He has also participated in over 500 training programmes and served as a member of various academic bodies.

Patron - Dr. N. Vani Shree

Dr. N. Vani Shree is the Principal of JSS Law College, Mysuru. She has vast experience as a Teacher, Chairperson, IQAC Coordinator, and Resource Person. She has presented numerous papers, published articles, and actively participated in national and international conferences, workshops, and training programmes. She has served on several academic bodies and has also been commissioned as a Flying Officer in the Air Wing of the NCC.



Editor - Dr. Chidananda M.

Dr. Chidananda M. is the Librarian at JSS Law College, Mysuru, and the Editor of this volume. With 17 years of professional experience, he has authored a book, published several articles, and presented research papers at national and international conferences/workshops. He has been actively involved in various academic bodies and is also a dedicated member of several professional associations.

Editor - Mrs. Vani C.

Mrs. Vani C. is the Assistant Professor of Law, JSS Law College, Mysuru. She has vast experience as a Teacher, Principal, Administrator, Coordinator, and Resource Person. She has presented numerous papers, published articles, and actively participated in national and international conferences, workshops, and training programmes.



M.P.P. HOUSE

87, 1st Cross, Gandhinagar, Bengaluru-560 009
Ph: 080-22260706 / 2226 5901 / 4121 5884
E-mail: mpphouseblr@gmail.com



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